




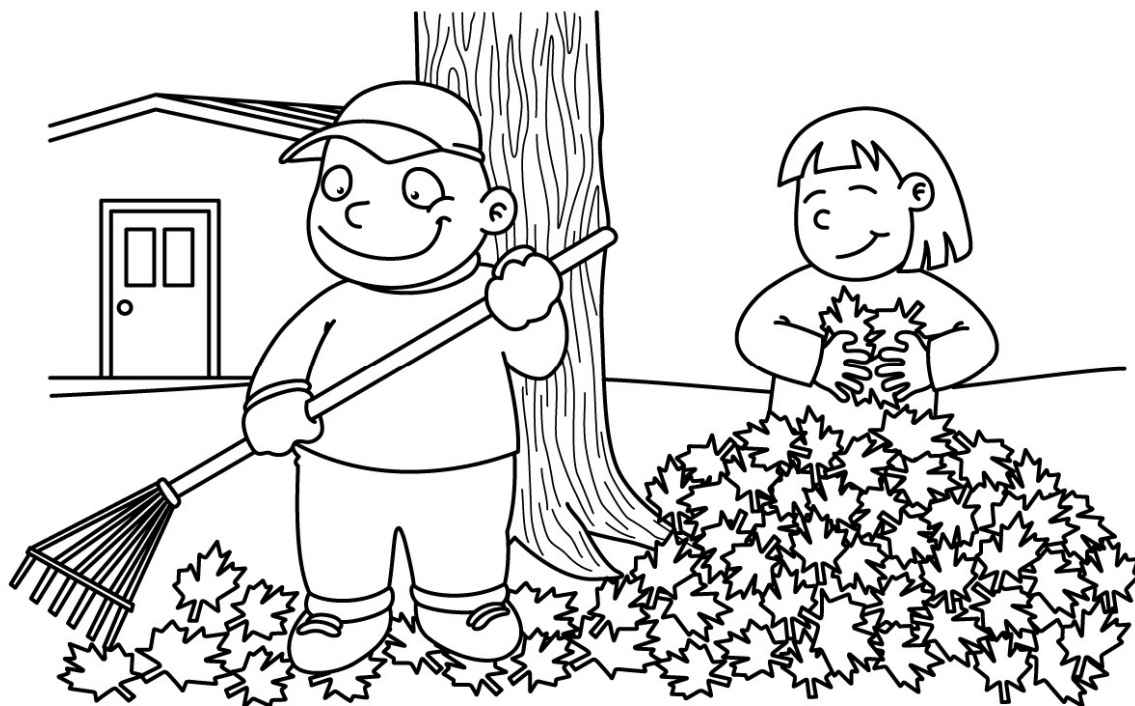






BIBLE CENTER MONTH of OCTOBER AM SNACK

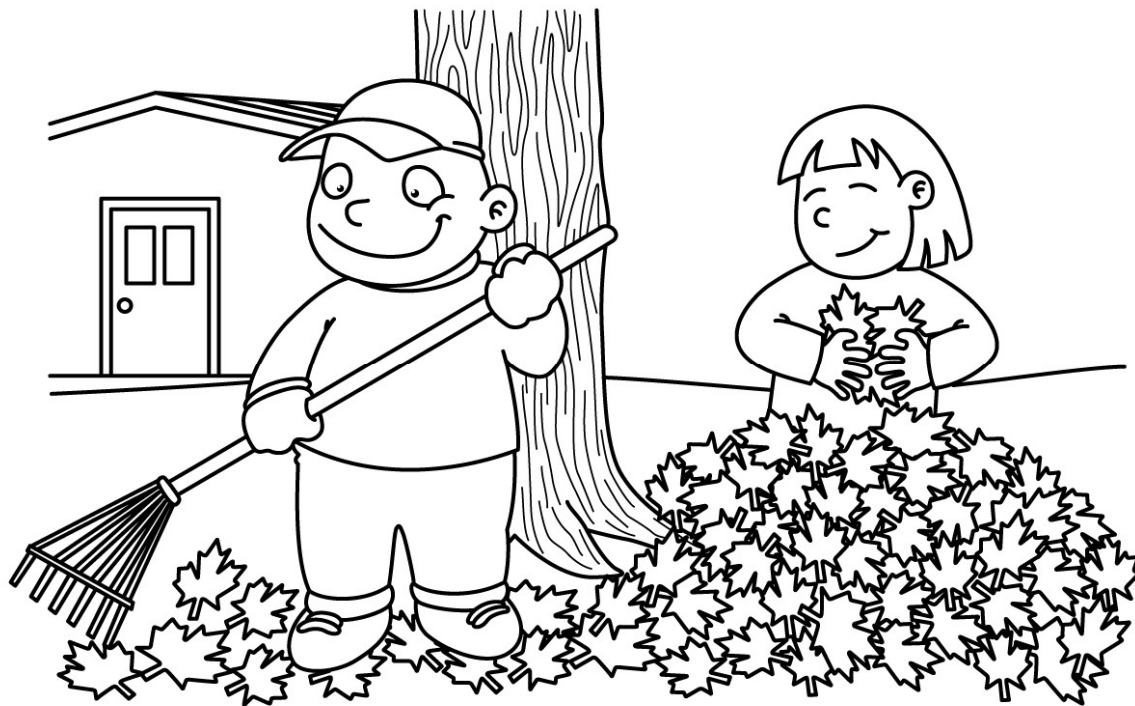
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Sunny Bun Milk	Spiced Pancake Milk	Menus are subject to change
4	Cereal Milk 5	Cereal Bar Milk 6	Fruit Poptart Milk 7	French Toast Sticks Milk 8	Biscuit & Gravy Milk 9	10
11	Cereal Milk 12	Pancake on a Stick Milk 13	Toast W/Jelly Milk 14	Cinnamon Toast Milk 15	Waffle Milk 16	17
18	Cereal Milk 19	Boiled Egg Toast Milk 20	Biscuit Baked Apples Milk 21	Super Donut Milk 22	Cinnamon Roll Milk 23	24
25	Cereal Milk 26	Slice of Bacon Toast W/Jelly Milk 27	English Muffin W/Jelly Milk 28	Cheese Toast Milk 29	Bagel W/Jelly Milk 30	31
						







BIBLE CENTER MONTH of OCTOBER LUNCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Hot Dogs 1 Chili and slaw French fries Seedless Grapes Milk	Baked 2 Pasta Green Beans Fruit Salad Garlic Bread Milk	Menus are 3 subject to change
4	Beef Stew 5 W.W.Crackers Peas Pineapple Milk	Cheese 6 Pizza Salad Apple Slices Milk	Chicken 7 Pot Pie Carrots Orange Slices Milk	Pot Roast 8 M. Potatoes Pineapple Hot Roll Milk	Bag Lunch 9 Brought from Home	10
11	Chicken 12 Alfredo Corn Peaches Garlic Toast	Fish 13 Sticks Peas & Carrots Pears Milk	Cheese 14 Burger Lettuce Potato Wedge Pineapple Milk	Turkey 15 M. Potatoes Green Beans Pineapple Hot Roll Milk	Chicken 16 Quesadilla Rice Carrot Sticks Applesauce Milk	17
18	Corndogs 19 Baked Beans French Fries Mixed Fruit Milk	Ham 20 Mac and Cheese Broccoli Baked Apples Milk	Sloppy Joe 21 W/Slaw Tater Tots Mandarin Oranges Milk	Ravioli 22 Corn Peaches Garlic Toast Milk	Chicken 23 BBQ on Bun Potato Wedges Applesauce Milk	24
25	Veg. Soup 26 Cheese Cubes W.W.Crackers Peaches Milk	Meat Loaf 27 M. Potatoes Green Beans Pineapple Hot Roll Milk	Scrambled 28 Eggs W/ Ham Diced Potatos Biscuits Baked Apples Milk	Beef and 29 Cheese Nachos Corn Fruit Salad Milk	Beef 30 Stir Fry Salad Bananas Milk	31

Happy  Halloween



BIBLE CENTER MONTH of OCTOBER SNACK

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Cheese 1 Cubes W. Wheat Crackers Water	Carrot 2 Sticks W/Ranch Juice	Menus are 3 subject to change
4	Yogurt 5 Cup Water	Cranberry 6 Orange Muffin Milk	Baked 7 Pears Animal Crackers Water	Trail Mix 8 Juice	Rice 9 Krispy Treats Milk	10
11	Tortilla 12 Chips Salsa Water	Applesauce 13 Graham Crackers Juice	Celery 14 Sticks W/Ranch Juice	Pretzels 15 Milk	Frozen 16 Yogurt Bars Water	17
18	Apple 19 Wedges Carmel Dip Water	Vanilla 20 Wafers Juice	String 21 Cheese W. Wheat Crackers Water	Chips 22 And Dip Milk	Chocolate 23 Chip Cookies Milk	24
25	Bread 26 Pudding Milk	Goldfish 27 Crackers Juice	Fresh Fruit 28 W/Dip Water	Tootie 29 Fruity Salsa Graham Crackers Water	Brownies 30 For Halloween Milk	31 