



1111 Oakhurst Drive  
 Charleston, WV 25314  
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| <b>Day of Week<br/>Week 3</b> | <b>Midmorning<br/>Snack</b>                                   | <b>Lunch</b>                                                                                                          | <b>Afternoon<br/>Snack</b>                 |
|-------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|--------------------------------------------|
| <b>Monday</b>                 | <b>Fresh Apple<br/>Muffins<br/>Water</b>                      | <b>Ham or Turkey on<br/>Whole Wheat Bread<br/>Lettuce and tomatoes<br/>Veggie strips and dip<br/>Peaches<br/>Milk</b> | <b>Whole Grain<br/>Crackers<br/>Milk</b>   |
| <b>Tuesday</b>                | <b>French Toast Sticks<br/>w/ Syrup<br/>Orange Juice</b>      | <b>Macaroni &amp; Cheese<br/>Green Beans<br/>Pears<br/>Milk</b>                                                       | <b>Fruit Tray<br/>Variety/Dip<br/>Milk</b> |
| <b>Wednesday</b>              | <b>Homemade Chex<br/>Mix<br/>Milk</b>                         | <b>Fish Sticks<br/>Carrot Sticks<br/>French Fries<br/>Peaches<br/>Milk</b>                                            | <b>Jello with fruit<br/>Water</b>          |
| <b>Thursday</b>               | <b>Cinnamon Buttered<br/>Toast (optional)<br/>Grape Juice</b> | <b>Tacos w/ Cheese &amp;<br/>Lettuce and Salsa<br/>Corn<br/>Available Fresh<br/>Fruit<br/>Milk</b>                    | <b>Animal crackers<br/>Milk</b>            |
| <b>Friday</b>                 | <b>Biscuits w/ Jelly<br/>Pineapple Juice</b>                  | <b>Chicken Nuggets<br/>Cherry Tomatoes<br/>Mashed Potatoes<br/>Bread &amp; Butter<br/>Orange Slices<br/>Milk</b>      | <b>Fresh Fruit in<br/>Season<br/>Milk</b>  |

### Week 3

Week of \_\_\_\_\_

Change to Menu \_\_\_\_\_

Purpose of Change \_\_\_\_\_