



1111 Oakhurst Drive
 Charleston, WV 25314
 304-346-0431

Day of Week Week 1	Midmorning Snack	Lunch	Afternoon Snack
Monday	Cereal Milk	Scrambled Eggs Tater Tots Biscuits Apple Wedges Milk	Yogurt Graham Crackers Water
Tuesday	Whole Wheat Pancakes w/ Syrup Milk	Chicken Fries Green Beans Buttered Noodles Fruit Salad Milk	String Cheese Whole Wheat Crackers Water
Wednesday	Blueberry Muffins Milk	Macaroni with Ground Turkey Fresh Broccoli Pears Milk	Homemade Oatmeal Cookie Milk
Thursday	Breakfast Quiche Orange Juice	Chicken French Fries Applesauce Milk	Fresh Fruit Variety Fruit Dip Milk
Friday	Biscuits Apple Butter Milk	Hot Dog on a Bun Smiley Potato Rounds Mandarin Orange Slices Milk	½ banana Vanilla wafers Water

Week 1