

1111 Oakhurst Drive Charleston, WV 25314 304-346-0431

## Special Menu to Accommodate Children's Thanksgiving Lunch

Day of Week Week 4	Midmorning Snack	Lunch	Afternoon Snack
Monday	Whole Grain English Muffin w/ Jelly Water	Homemade Cheese Pizza Marinated Cabbage Slaw Applesauce Milk	Wheat Thin Crackers Cheese Sticks Water
Tuesday	Corn Flakes Milk	Chicken Fajita w/Shredded Cheese and Lettuce Brown Rice Green Pepper Strips Fresh Fruit in Season Milk	No-bake Cookies Milk
Wednesday	Whole Grain Waffles w/Syrup Orange Juice	Mini Corn Dogs Cauliflower/Broccoli/Carrots in Cheese Sauce Fresh Melon in Season Water	Fish Crackers Milk
Thursday	Whole Grain Toast w/ Jelly Milk	Special Children's Thanksgiving Lunch Turkey and all of the Trimmings	Veggies & Dip Milk
Friday	Rice Cakes Water	Beef and Cheese Nachos Refried Beans Fresh fruit Milk	Rice Krispy Treats Milk

## Week 4

Week of November 18-22