



1111 Oakhurst Drive  
 Charleston, WV 25314  
 304-346-0431

<b>Day of Week Week 4</b>	<b>Midmorning Snack</b>	<b>Lunch</b>	<b>Afternoon Snack</b>
<b>Monday</b>	<b>Whole Grain English Muffin w/ Jelly Water</b>	<b>Chicken Fajita/shredded cheese and lettuce Brown Rice Green Pepper Strips Fresh fruit in season Milk</b>	<b>Wheat Thin Crackers Cheese Sticks Water</b>
<b>Tuesday</b>	<b>Whole Grain Waffles w/ Syrup Orange Juice</b>	<b>Homemade Cheese Pizza Marinated Cabbage Slaw Applesauce Milk</b>	<b>No-bake Cookies Milk</b>
<b>Wednesday</b>	<b>Corn Flakes Milk</b>	<b>Mini Corn Dogs Cauliflower/Broccoli/Carrots in Cheese Sauce Fresh Melon in Season Water</b>	<b>Fish Crackers Apple slices Milk</b>
<b>Thursday</b>	<b>Whole Grain Toast w/ Jelly Milk</b>	<b>Chicken Tenders Wild Rice Green Beans Pineapple Chunks Water</b>	<b>Veggies &amp; Dip Milk</b>
<b>Friday</b>	<b>Frosted Mini Shredded Wheat Milk</b>	<b>Lasagna Salad/Dressing Buttered Whole Grain Rolls Pudding Milk</b>	<b>Rice Krispy Treats Milk</b>

**Week 4**

Week of \_\_\_\_\_

Change to Menu \_\_\_\_\_

Purpose of Change \_\_\_\_\_